



THE WESTERN CAPE NETWORK FOR
COMMUNITY PEACE & DEVELOPMENT

Network News

Our Vision:

Peaceful, Empowered, Cohesive Communities

Our Mission:

The Network ignites peace and development by amplifying the voice of communities through capacity-building and advocacy with its members

NETWORK
NEWSLETTER

DECEMBER
2014

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Words from our Network Chairs:

Dear Network Members,

As this year comes to a close, we reflect back on the year, the experiences, successes and learnings, and we thank all of you from whom we are constantly learning!

At the last member meeting of the year, we presented and discussed the findings from the first Annual Member survey conducted by our programme coordinator Dayana during the year. This survey, which highlighted interesting information, will guide our way forward for 2015 and inform our activities with regard to how best we can serve you, our members. As promised in the last Newsletter, we are pleased to share our first article written by one of the participants of the ex-

change programme to the United States. We have also had very positive feedback from the member organisations with regard to the implementation of learnings from the US trip and how these are now benefitting our local organisations and, in turn, their beneficiaries. We will keep you updated on these developments as our research continues. We remain committed to making a difference in working towards the creation of cohesive and peaceful communities. In the meanwhile, we wish you all a blessed and peaceful festive season and we look forward to connecting with all of you again early in the new year.

Yours in Peace and Development,
Nariman Laattoe and Marion Keim
& the EXCO members

The Peace Network wishes all its members & partners a blessed and peaceful festive season with your families and beloved ones!

All the best for the New Year 2015!

Feedback from past Network Activities:

The last quarter of the year was also a busy one for the Network. Apart from evaluating the first Annual Survey results, our Programme coordinator Dayana Dreke attended the monthly WC Youth Forum meetings which also included a site visit to DSD's first Youth Café in Rocklands/Mitchells Plain, joined UNASA's Launch of Human Rights Desk in Stellenbosch, and presented the Network at DSD Gugulethu's NPO Stakeholder workshop. She also added to her skills by attending an advanced workshop for Nonviolent Communication (30-31st Oct) and the inspiring South African Nonviolence Learning Initiative workshop (24-25th Nov) with potential new partners.

Personal reflections on the US Exchange "Sport for Change" in Oct 2014

My name is Siphokazi Ndlagalavu, and I am 24 years old. I work at AMANDLA EduFootball as a Programme Support and Development Officer. The University of the Western Cape (UWC) provided me with an opportunity to visit the United States of America for two weeks in October. It was a great opportunity for me because I saw how American coaches use sport as a tool to change young people's lives. When I was in America, I got a chance to do a three day job shadowing at Soccer Without Borders, an organization that works with immigrants and refugees. My fellow's name was Mary McVeigh. I really liked seeing young female coaches serving as a support system, by helping them with their school work. The coaches even got a chance to visit their player's school to give the children support. I have noticed in the USA that coaches are working with fewer numbers than South Africa, which is why it is easy for a coach to be able to visit a participant's school.



The US Coaches also have a relationship with the child's parent, and they have the player's medical certificates so they know the things that the child is allergic to. They have also motivated their participants by celebrating their birthdays to make them feel special - they will even sing her or him a birthday song! If they don't see a child for three or four days, they will call a parent to find out the problem and will also do home visits. When they do activities such as school work, they give the children snacks. They also help young people to speak English because some of their participants speak Spanish as their first language. Parents are also more involved in their child's sport—they even attend practice. So I really learned a lot and look forward to the Americans visiting us next year in exchange!

2nd Social Media workshop on "Creating NGO Newsletters"

Besides our new Peace-building workshops that we started this year, the Network also facilitates Social Media workshops in response to the Network NGO members' need for capacity-building in the area of Social Media (eg. the first workshop was on "How to create an interactive Facebook page?" in April) to promote their NGO work contributing to community peace better.

facilitated a successful workshop on "How to create an inspiring NGO Newsletter?" at the Gugulethu Sports Complex with 15 participants from 7 different member NGOs (Africa Unite, Amy Biehl Foundation, Embrace Dignity/Democracy from Below, Healing of Memories, Ithemba Labantu, Mamelani Project, Women for Peace). The attendees expressed gratitude for the new insights and gained skills, and were motivated and excited to start/improve Newsletters for their NGOs.



On the 23rd of October, the programme coordinator Dayana Dreke

Success Stories from our Network members

Africa Unite's new School Clubs: My School is My Community!

During the work in different schools in the Cape Flats, Africa Unite has observed some major challenges these school and communities are facing. There is a high level of school drop outs, a lack of discipline in schools to an extent that learners have no fear of assaulting and injuring colleagues or even teachers. So many schools have become a place where drugs, thugs and weapons move freely through the school gates. Many learners manifest lack of self-esteem, patriotism, leadership and have no hope for the future.



In response to this outcry, Africa Unite started in March 2014 a new initiative in townships called AU School Clubs – with the slogan, “My School is My Community”. The overall aim is to spark voluntarism, empower learners, give them confidence, believing that they can make a difference in their lives as well as in their communities. AU School Clubs are based on the belief that each Club needs to formulate their

own vision, be locally anchored, and solve local problems mobilising the resources within the surrounding communities. The AU Club members consider their school and the community surrounding the school as a ‘country’. Each school club or country selects their own president and his/her 5 ministers (Minister of Information and Public Relation, Minister of Finance, Minister of Social Development, Minister of Sport, Culture and Entertainment, Minister of Environment).

Currently, five (5) AU School Clubs have been established in the following five schools Spes Bona High School (Athlone), Simunye High School (Delft), Pakhama High (Philippi), Zonnebloem Nest High School (Woodstock) and Mountview High school (Hanover Park). The cabinet of these AU-school clubs have been taken on an outing around Cape Town, held an executive meeting and got through a leadership camp just recently.



Quaker Peace Centre's Reflection on their successes in

The Quaker Peace Centre delivered a total of 13 Alternative to Violence (AVP) workshops, reaching 18 teachers and staff members who work with young children, as well as reaching 140 young people directly who grow up in Cape Town's impoverished and gang infested areas. A total of 16 new facilitators, including 9 new peer facilitators, have been added to the existing pool of 24 facilitators trained by the QPC.

The Alternatives to Violence Project (AVP) run by the Quaker Peace Centre is run in low-income communities, characterised by high levels of unemployment and crime. Gangsterism, intimidation and bullying in these communities are often played out in the schools, and the fear of violence is as debilitating as actual experiences of violence, causing

learners to drop out, avoid or miss school. Schools are supposed to be a place of safety, as children spend most of their day time at school, yet it is often here where they experience violence at the hands of peers and teachers. Many adults and children use violence to hide their own emotions. Shaming (gating, 'dissing') – the putting down of a person - is common practice at home, in class and amongst peers.

Through participatory and experiential AVP exercises, participants discover how to deal with interpersonal violence and conflict creatively in a non-violent way. This international programme, designed between Quakers and inmates 40 years ago, uses affirmation, communication and role plays to explore in a safe environment how to transform conflicts.

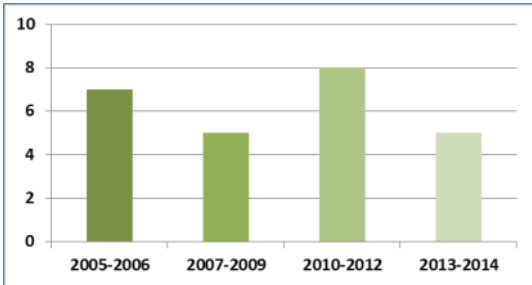
QPC also hosted its Annual Lekgotla of their Pupils Advisory Forum on Violence (PAFOV) in November with principals, teachers and pupils, where the Director of the Metropole South Education District (MSED) Glen van Harte encouraged the young people to set up afterschool clubs and activities to reduce violence at schools and influence peers to make positive life choices.



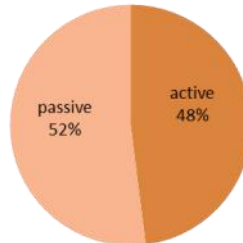
Results from the 1st Annual Network Survey 2014

Our Network Programme Coordinator, Dayana Dreke, visited 25 Network member NGOs for the first Annual Network Survey to receive their feedback on the new Network services incl. info & resource sharing via social media tools (website, facebook page, Weekly Bulletin, Newsletter), Network events, capacity-building workshops and member collaborations. Please find below a selection of the results and contact Dayana directly if interested in the full report of the Annual Survey.

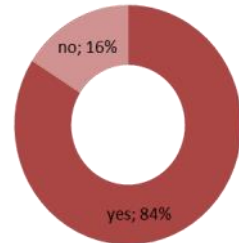
1. When did members join the Network?



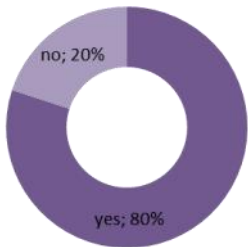
2. Are you a more 'active' or 'passive' member?



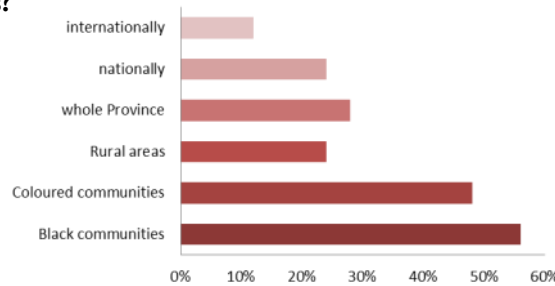
3. Direct work with youth?



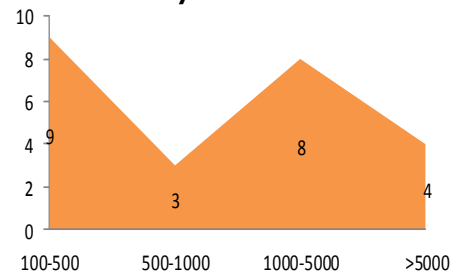
4. Running gender-aware programmes and projects?



5. In what areas/communities do you work?



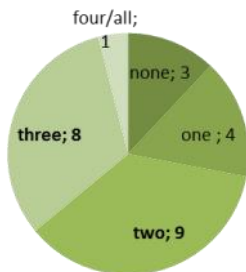
6. Impact on how many beneficiaries?



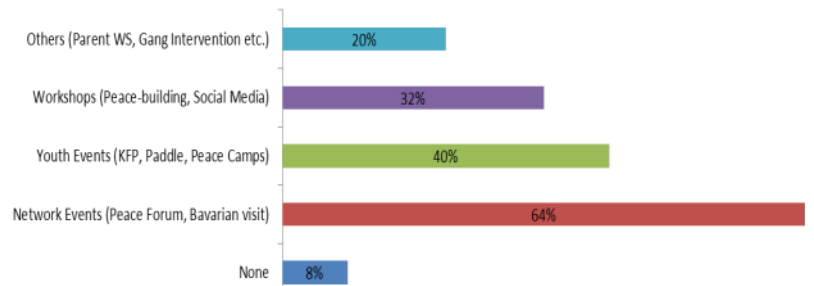
NETWORK ACTIVITIES FOR MEMBERS:

7. Attendance of quarterly Network meetings?

One third of our Network membership attended between 2 and 3 meetings since last year

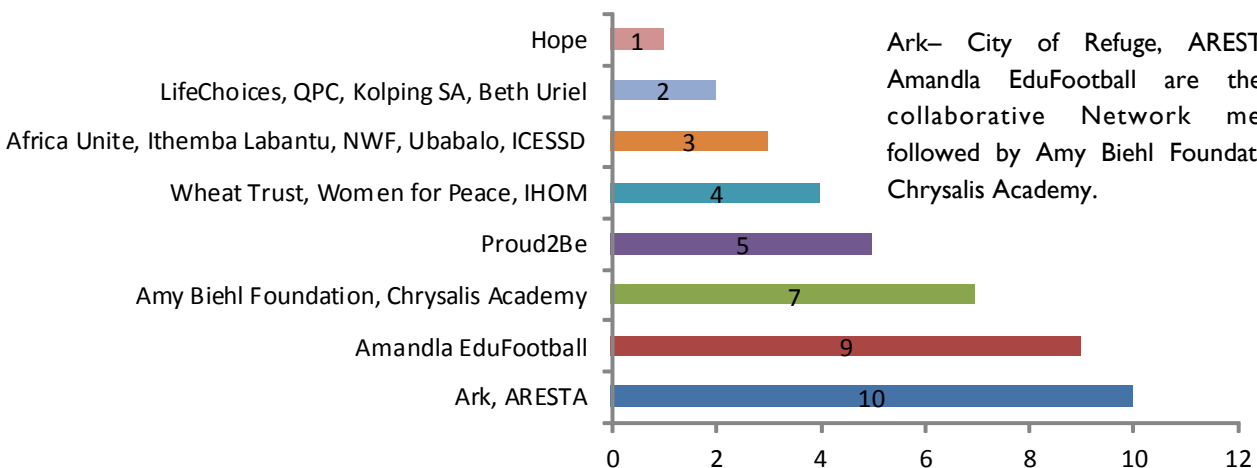


8. Members' attendance of various Network events?



COLLABORATIONS AMONGST MEMBERS:

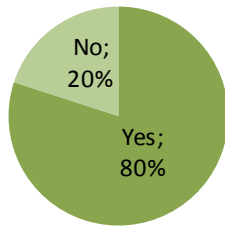
9. With which members you partner/collaborate with?



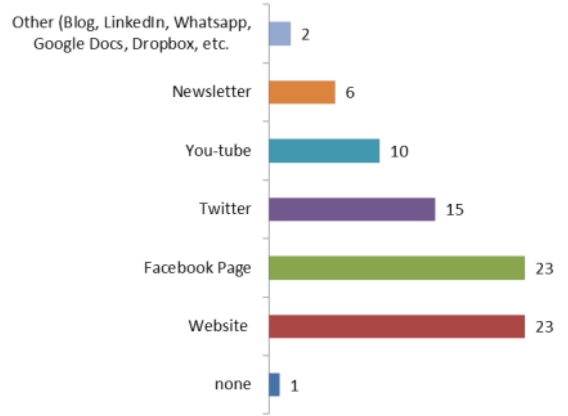
Ark— City of Refuge, ARESTA and Amandla EduFootball are the most collaborative Network members, followed by Amy Biehl Foundation and Chrysalis Academy.

NETWORK MEMBERS & SOCIAL MEDIA:

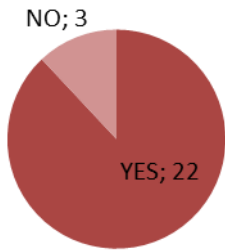
10. Using the potentials of Social Media? however, 35% of the YES- voters, admitted that it is not their strongest point



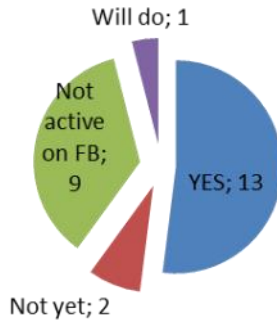
11. What Social Media is your NGO using?



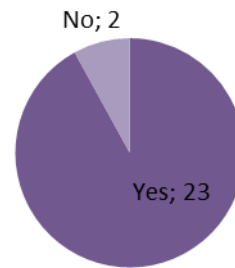
12. Have you been already on the Network Website?



13. Do you "LIKE" our Network Facebook Page?

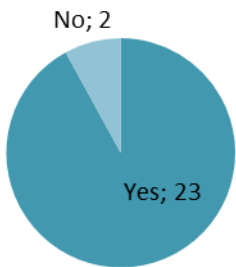


14. Are you receiving the Weekly Network Bulletin on Fridays?



91% of the receivers also read the Bulletin

15. Are you receiving the quarterly Network Newsletter?



78% of the receivers also read the Newsletter

16. New Info Brochure:

60 % of the members have seen the new Network info brochure and 80% of them think it represents well the Network and its members.



17. What are for you generally the benefits of being part of our Network?



For more infos, please contact our Programme Coordinator Dayana Dreke: peacenetw.coordinator@gmail.com.

Upcoming Network Events for 2015

- **4th Free Peace-building workshop: Intro to Healing of Memories:** has been postponed to next year and is planned for end of January 2015. More details to be shared early January. Please register with Dayana if you are interested to participate.

- **1st Quarterly Network Member Meeting:** Thursday, 12th of March, 11-1pm at our member NGO Beth Uriel, 289 Victoria Road, Salt River. More details provided by Network Administrator Anita closer to the date.

Please note the dates for our other 3 quarterly Network member meetings for 2015:

- 2nd meeting: 4th June 2015
- 3rd meeting: 3rd Sep 2015 (Annual General Meeting)
- 4th meeting: 5th Nov 2015

Market Place for Network Members



Still needing a Christmas present? Bicycling Empowerment Network (BEN)'s half-price sale on a range of used bicycles is still on until 18 December 2014. Bikes can be viewed & bought at

the office in Marina da Gama. Contact the BEN office on 021 788 4174 for more infos.

Cape Flats Stories - The Voice of Youth Exhibition has officially opened!

Salesian Life Choices, in partnership with the Peoples Post and the Castle of Good Hope have come together to host an amazing art exhibition. The theme centres on the experiences of youth, expressed through images and text.

The exhibition will be on from the 1st December to 30th January 2015 in the Adam Tas space at The Castle of Good Hope. Opening Times: 9am - 4pm.

Castle entry R30 adult, R15 children.



Quaker Peace Centre rents out office space in 2015:

Offices to let: about 75 square meters, one large office, 4 small offices, kitchenette and bathroom, own entrance, on bus, taxi and Metrorail routes in Mowbray, available from 1st March 2015. R7000 per month.

Contact Xoliswa Ntsabo at 021 685 7800 or e-mail martin@qpc.org.za



Beth Uriel's Real Man Campaign continues:

Nominate an inspiring male community leader that needs to be honoured in the REAL MAN Campaign!

Post his Picture, his name and the reason why he's a REAL MAN on your Facebook Status and include [#REALMAN](https://www.facebook.com/REALMAN) or tag of Beth Uriel!

Honour him today!

More infos on the Real Man website: www.realman.org.za



Support the Amy Biehl Raffle Fundraiser & get your tickets!

Dear Friends,

Don't miss an opportunity in this amazing raffle, which will run until end February, at R 100 per ticket and is: An 'Uber SA Luxury Getaway' package which INCLUDES;

- 2 Night stay for 2 persons B/B in a 1-Bed Suite at Taj Cape Town, includes airport/train limo pickup if required, plus personal Guided City Walking Tour.
- World renowned Blue Train experience from either Cape Town to Pretoria or reverse (all inclusive 36 hr Luxury Trip x 2 persons sharing)
- 1 Night stay for 2 persons B/B at the Luxury Saxon Hotel in Sandton combined with
- 1 Night stay (all inclusive for 2 persons) at Zulu Camp (sister property to Saxon at Shambala Game Reserve in the Waterberg)

Combined value trip of over R70,000. Let us know how many tickets and make your payment to attached banking account. Put your Name/Raffle as reference. Hurry don't miss out!

Best regards, Kevin Chaplin (MD)

Banking Details:

Name: Amy Biehl Foundation Trust, Bank: First National Bank, Branch: Adderley Street, Branch Code: 201409, Account Number: 62085677890, Swift Code: FIRNZAJJXXX



About our Network (WCNCPD)

The Western Cape Network for Community Peace and Development is a collectively guided independent and registered non-profit umbrella organization (NPO 061-746) that aims to create peaceful, empowered and cohesive communities in the Western Cape via the common goals and joint activities of its network members.



THE WESTERN CAPE NETWORK FOR
COMMUNITY PEACE & DEVELOPMENT

WHAT WE DO?

- *Information & resource sharing and cross learning in the field of peace-building, conflict resolution and leadership development*
- *Developing capacity for peace-building in our member NGOs*
- *Youth development & leadership - promoting responsible citizenship*
- *Lobbying and advocating for peace*

Network Bank Details

Standard Bank

Account: 331 027 518

Branch Code: 050-410

Since its initiation in 2005, with the support of the University of Western Cape (UWC) and the German Consulate Cape Town, the Network has grown from strength to strength and consist today more than 20 NGO's, all working in the field of conflict resolution, child and youth empowerment, women, refugees, sport, HIV/AIDS, community development and peace building.

Contact us: If you like to become involved as a member, partner, sponsor, volunteer or just like to find out more about us, contact Anita: westerncapenetwork@gmail.com

Partnership with the "Eine Welt Netzwerk Bayern"

Since 2010, our Network officially collaborates with a similar NGO network in Bavaria, Germany based on the regional partnership between Bavaria and the province of the Western Cape. The two networks want to act together fair for worldwide sustainable development, especially in Bavaria and Western Cape.

Main areas of collaboration are:

- to learn more about the partner's work and to support it mutually
- mutual exchange about activities & research for common action (campaigns, workshops, seminars, conferences, training...)
- mutual assistance in dialogues between civil society & government

More Infos:

www.eineweltnetzwerkbayern.de

www.bavaria-westerncape.de



Preview: What's coming up in the next Newsletter?

- Feedback from the 4th Peace-building workshop
- Presenting the Network's new Potential Partnerships
- Success Stories from the grassroots level by our members contributing to community peace & development
- Update from the 1st Member Meeting
- Sharing upcoming Network & Member events

Please send us your inspiring articles and bright ideas which are helpful for our Network members?
Any feedback for this newsletter? Please just get in contact: peacenetw.coordinator@gmail.com